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## RESEARCH ARTICLE

## Relation of cartoon watching with urine pH

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## **ABSTRACT**

**Introduction:** If someone is interested in cartoon watching then there will be some chances to be high and low in urine pH. **Material and Method:** The main motive of the study was to interconnect cartoon watching with urine pH. The pH of urine is actually the measurement of acidic and alkaline pH. Moreover, for the measurement of urine pH, a test named as urine test is performed. The high and low level of urine may be harmful. **Result:** There were about 60 students involved in this research. All of them were the students of Bahauddin Zakariya University Multan. They were between the age of 19–22. They shared their point of views about the affection and distest of cartoon watching. **Conclusion:** It was concluded from the presence study that the topmost students having normal pH level do not like cartoon watching while others like cartoon watching.

Keywords: Acidic and basic pH, Cartoons, Fantasy, Fiction, Health problems, Urine

## **INTRODUCTION**

The urine pH is actually the measurement of how acidic or alkaline is the urine of a person. Doctors test the urine pH and then prefer the other test if it may have some infection. The average value of a urine pH must be 6.0 but it may vary from 4.5 to 8.0. The acidic pH is under 5.0 and the pH more than 8.0 must be alkaline or basic. Different laboratories have different values for normal pH and these values determine the normal or abnormal pH of urine. The food that a person eat may affect the urine pH and the doctor firstly ask about the food that the person eat before taking the urine sample. The acidic food grains, protein food, fish, and the alkaline food may include nuts and fruits. Moreover, if someone has high pH in urine than it means that it is more alkaline and will cause kidney stone, UTIs, and some other disorders. In some cases, a person can have more pH in urine due to extended vomiting. It makes the body of stomach acid and make the fluid of body

by acidic urine. If someone has low pH than it will mean that it is acidic and it will create problems such as diabetes, diarrhea, and starvation. The urine pH test is performed for the pH of urine and it is the simple test and not painless. There is present a disease named as kidney stone which causes pain because it prevent urine to pass through your kidneys and urinary tract. There are present some diseases that makes urine pH acidic or basic.[1] The urine pH test is performed and urine sample is given in the laboratory and also ordered for clean catch method. The cartoon watching has a connection urine pH. As the cartoon watching is a source of entertainment and joy. It is a source of entertainment not only for kids but also for adults. It releases all the tension of the whole day and also refresh mind and the science fiction cartoons also contain a huge knowledge. Thus, one of its aspect is that it is also a source of knowledge. The cartoons are also of different kinds like animated, science fictions, funny, and fantasy. Not only kids but adults are also interested to watch cartoons to get rid of all of their tensions.[2]

more basic. The kidney stone can also be formed

The main motive of the present study was to affiliate cartoon watching with urine pH. If someone is

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interested in cartoon watching then there will be some chances to be high and low in urine pH.

questionnaire-based study is good and helpful in illustrating such type of research.<sup>[3,4]</sup>

## **MATERIALS AND METHODS**

About 100 students were involved in this study and all of them were the students of Bahauddin Zakariya University Multan. They all were between the age of 19–22.

## **Detection of urine pH**

In the detection of urine pH, we took a sample and sterilize it and also ordered for a clean catch method and this sample then given to the laboratory foe checking the pH that whether it is acidic or alkaline.

### RESULTS AND DISCUSSION

Table of liking and disliking of cartoon watching associated with urine pH:

pH of urine	Liking of cartoon watching	Disliking of cartoon watching
Normal pH is 6.0	Mean±SD	Mean±SD
pH	$6.002\pm0.79$	6.5±1.05

In this research, we interconnected cartoon watching with urine pH and for this purpose, we used MS excel and determined the standard deviation and also the average of the students and the *P*-value was also determined.

The P-value is insignificant and is >0.05.cartoon watching may have relation with pH value. This

## Design

Aquestionnaire was prepared for the interconnection of cartoon watching with urine pH.

#### **Statistical**

Using MS Excel analysis was performed

### **CONCLUSION**

It was concluded from the presence study that the topmost students having normal pH level do not like cartoon watching while others like cartoon watching.

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